



HANDBALL

2026



Handball tournaments

In 2026, Spain will host an exciting series of **international handball tournaments**, offering teams the opportunity to compete at the highest level while exploring some of the country's most iconic destinations. With venues in Pineda, Gandía, Granollers and Sant Esteve de Ses Rovires, each tournament guarantees a unique experience both on and off the court.

Get ready to enjoy a sporting adventure in some of the sunniest and most vibrant regions of the peninsula, **combining sport, Mediterranean atmosphere and tourism**. We look forward to welcoming you and making your handball experience truly unforgettable!

Handball tournaments 2026

Costa del Maresme Cup

2 - 5 April



Pineda de Mar

Mediterranean Handball Cup

2 - 5 April



Gandia

Granollers Cup

24 - 28 June



Granollers

Sanes Cup

10 - 14 July



St. Esteve Ses Rovires



Location: Spain

The tournaments take place in **some of the most emblematic handball cities in Spain**. From Pineda on the Costa del Maresme to Granollers, a historic cradle of the sport, passing through Gandía with its vibrant Mediterranean atmosphere — **each venue offers a unique and distinctive experience**.

Enjoy a variety of settings while competing at the highest level, and immerse yourself in the local culture, sunny weather, and characteristic landscapes of each region, ensuring an **unforgettable experience for your team**.

Costa del Maresme Cup

2 - 5 April 2026

The Costa del Maresme Cup is an international handball tournament that brings together teams from all over Europe **every Easter on the Costa del Maresme**. The northernmost town is Pineda de Mar, followed by Calella, and the southernmost is Mataró.

Over four days, **players and families enjoy a unique adventure**. The Costa del Maresme Cup combines sport, friendship and tourism in an unforgettable experience for both players and families.

 **Pineda de Mar, Maresme**

CATEGORIES			
Born 2014 - 2015	SUB 12		
Born 2012 - 2013	SUB 14		
Born 2010 - 2011	SUB 16		
Born 2008 - 2009	SUB 18		



Mediterranean Handball Cup

2 - 5 April 2026

 **Gandia, Valencia**

The Valencian Community hosts one of the most anticipated events of the year. A tournament for handball enthusiasts, **where competitive spirit blends with the relaxed atmosphere of the coast.** A perfect event for teams looking to celebrate their season in style.

Over four days, participants will face **teams from all over Europe**, enjoy modern sports facilities, and explore the cultural and gastronomic richness of the region. Between matches, training sessions, and parallel activities, players and families will experience a complete event that combines sport, fun, and tourism in a unique Mediterranean setting.

CATEGORIES			
Born 2013 - 2014	SUB 12		
Born 2011 - 2012	SUB 14		
Born 2009 - 2010	SUB 16		
Born 2007 - 2008	SUB 18		
	SENIOR		



Granollers Cup

24 - 28 June 2026

 Granollers, Barcelona

We are pleased to present **the 26th edition of the Granollers Cup**. The first edition, held in 1999, brought together 55 teams from 5 different countries, with competitions only in the U12, U14, U16 and U18 boys' categories. In the girls' competition, only the U16 and U18 categories were played. Twenty-five editions later, the tournament has reached a record participation of 468 teams, covering all age categories and including both male and female competitions.

The tournament takes place in the exceptional setting of the **Palau d'Esports, a venue that hosted the 1992 Olympic Games**. Over the five days of competition, more than 1,400 matches will be played in a unique atmosphere.

CATEGORIES			
Born 2014 - 2015	SUB 10		
Born 2012 - 2013	SUB 12		
Born 2010 - 2011	SUB 14		
Born 2008 - 2009	SUB 16		
Born 05 - 06 - 07	SUB 18/19		



Sanes Cup

10 - 14 July 2026

 **St. Esteve Ses Rovieres, Barcelona**

The 44th edition of the Sanes Cup handball tournament will take place from 10 to 14 July 2026. It will bring together **hundreds of players from different countries** across a wide range of age categories, from the youngest teams to the senior division.

In this new edition, all teams will enjoy various activities and **complementary events** to ensure an unforgettable experience for every participant.

The Sanes Cup coincides with the **start of the summer festivities**, the Fiesta Mayor, which gives the tournament an exceptional and vibrant atmosphere.

CATEGORIES			
Mixed teams Born 2015 - 2017	SUB 10		
Born 2013 - 2014	SUB 12		
Born 2011 - 2012	SUB 14		
Born 2009 - 2010	SUB 16		
Born 2007 - 2008	SUB 18		
Born before 2006	SENIOR		
+33	VETERANS		



How to Register?

1



Contact us :

WhatsApp : (+34) 669 500 400

Email : info@sportcontact.org

2



Reserve your spot

3



Complete your registration.

Once you have reserved your spot with one of our representatives, we will provide you with the information needed to finalize your registration.

4



We look forward to welcoming you!



Training Camps

Our **training camps** are designed to offer a complete sports experience, tailored to the needs of each team and level of play.

The sports stays are held in locations near commercial areas, just a few meters from the beach and sports facilities, making it easy to combine training with leisure moments.

We take care of **all the details**, from booking training centers to special diets, suitable accommodations, and transfers. Additionally, we can organize activities or excursions to make your training camp an **unforgettable experience**.

Training Camps

Sample Training Camp:

- 5 days and 4 nights in a 3 or 4 stars hotel
- Mineral water during meals
- In / Out Airport transfers from Barcelona or Girona airport
- Meet & Greet
- 6 hours of training (4 days - 1h30 min/day) in grass or artificial grass field
- 1 friendly match vs a local team
- 1 full-day excursion to Barcelona
- Ticket for Barça Immersive Tour
- Multilingual assistance throughout
- 1 free person for every 25 paying



Location

Sports centers near the hotel, commercial area, and 800 meters from the beach



Quality sports offer

Multiple disciplines in a single sports area in the city center





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