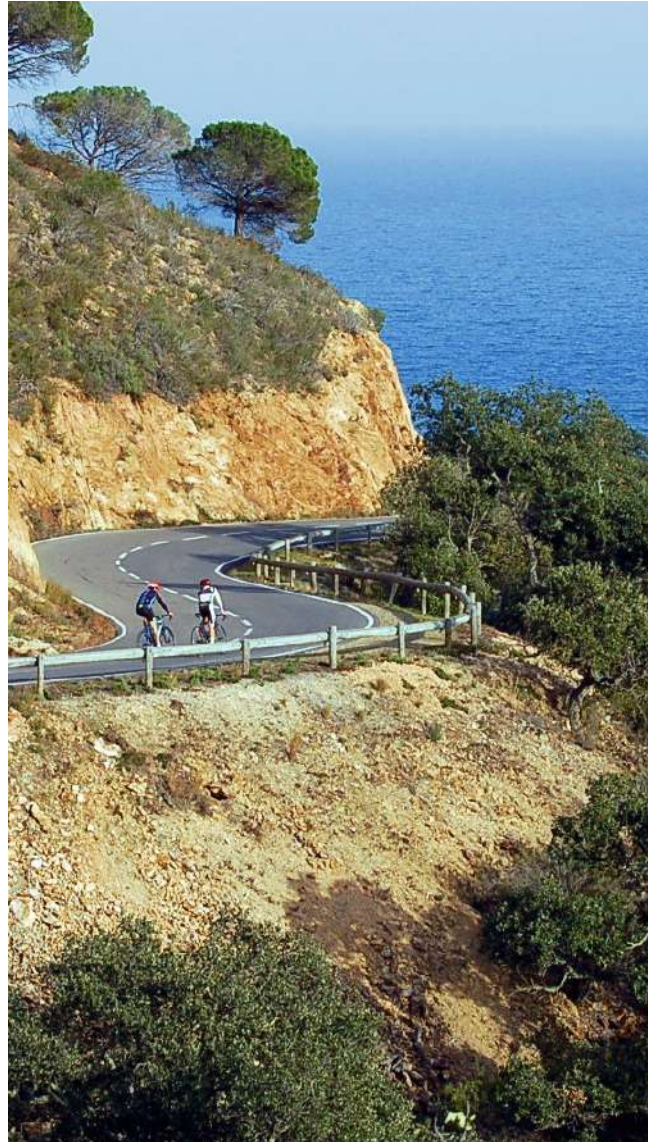


# CYCLING

---



# WHY COSTA BRAVA

---

## PRIVILEGE LOCATION - DIVERSITY OF ROUTES - SAVE CYLING

Catalonia offers cycling fans everything they need for a journey on two wheels: varied and accessible terrain, routes, a collection of services designed for **cyclotourism, road bike, mountain bike and e-bike...**

Its nature, climate and history create an environment full of beauty with its lush vegetation bordering the intense blue of the Mediterranean Sea.

Where lots of professionals have chosen to live and train: in the late 90s our region was chosen by Lance Armstrong to take up his residence in Europe.

## BIKE FRIENDLY HOTELS

Spacious rooms with balcony

Garage available for storing bicycles with personal lockers

Maintenance workshop

Wash zone

Specialized catering service for athletes

Near wellness & SPA centers

Bicycle parking

# CYCLE TOURISM & E-BIKE

---



## CYCLE TOURISM: FROM THE PYRENEES TO THE COSTA BRAVA

7 days - 6 nights  
Form 745 € / pax (self-guided)

## CYCLE TOURISM: GIRONA & CADAQUÉS

7 days - 6 nights  
Form 499 € / pax (self-guided)

## E- BIKE EXPERIENCE & WINE CULTURE

5 days - 4 nights  
Form 469 € / pax (self-guided)

# ROAD BIKE

---



## CYCLE ROUTES FROM YOUR HOTEL

Choose each day a new route from our extensive "Route Book" and ride as much as you wish!

**From 2 days - 1 night**

**From 69€/ pax (self-guided)**



## STAGE "SEA & MOUNTAIN" IN COSTA BRAVA

This week's itinerary starts in Costa Brava and takes you 3 days along the Mediterranean Coast and then 4 days through the interior nature of La Selva County, one of the most beautiful landscapes in Catalonia.

**8 days - 7 nights or 6 days - 5 nights**

**From 294 €/pax (self-guided)**



## CYCLING EVENT

Participants can choose between two routes, the **CHALLENGE** with 250 km and 4000 meters of climbing and the **HALF CHALLENGE** of 125 kilometers and 1500 meters of climbing.

# WHAT WE DO

*Besides its ideal climate, Catalonia offers excellent infrastructures for a wide range of sports activities...*

FOOTBALL  
RUGBY  
FIELD HOCKEY

BASKETBALL  
SKIING  
FUTSAL

CYCLING  
WATER SPORTS  
SWIMMING

GOLF  
TRIATHLON  
ROWING & CANOEING

HANDBALL  
TENNIS  
MULTI-SPORTS

OUTDOOR ACTIVITIES  
TAILOR-MADE PACKS

Turn your trip into a success: reservation of training facilities, special diets, adapted accommodation, transfers and, of course:

INTERNATIONAL TOURNAMENTS & SPORT EVENTS

TRAINING CAMPS & STAGES

FRIENDLY MATCHES WITH LOCAL TEAMS

TAILOR-MADE SPORT TOURS



# TO WHOM

---

*Our main goal is to offer touristic experiences through sports and physical activities in Barcelona, in Costa Brava & in the Pyrenees to...*

SPORT CLUBS & TEAMS

COMPANIES & TTOO

SCHOOLS GROUPS

FROM AROUND THE WORLD

As a full-service Travel Agency since 1987 we can meet all your sport travel needs and make it easy!

Our programs are designed for anyone who likes Sports!

WHICH SPORT GETS YOU GOING?



# WHY US

---



## KNOW HOW

PROVIDING SPORT TRAVEL  
EXPERIENCES SINCE 1987



## TEMPERATE CLIMATE

MEDITERRANEAN WEATHER CONDITIONS  
TO TRAIN AND COMPETE ALL YEAR LONG



## NATURAL LANDSCAPES

FROM BREATHTAKING BEACHES  
TO IMPOSING MOUNTAINS IN THE PYRENEES



## EXCELLENT SPORT INFRASTRUCTURE

WITH 35,424 SPORTS AREAS, CATALONIA  
HAS MORE SPORTS FACILITIES THAN ANY  
OTHER REGION IN SPAIN

# THANKS FOR YOUR ATTENTION !



## Follow **#SportContact!**



Avda. de les Alegries, 14  
17310, Lloret de Mar  
+34 972 36 31 11

Ciutat de granada, 72  
08003, Barcelona  
+34 932 21 80 67

[cinta@sportcontact.org](mailto:cinta@sportcontact.org)

[www.sportcontact.org](http://www.sportcontact.org)

Member of:



**ACAVER**



**Barcelona**  
*és molt més*



**Costa Brava**  
**Pirineu de Girona**